

# ACTIVITIES FOR THE COMING (WEEK TWO)

<p><b><u>Monday 7<sup>th</sup> July</u></b></p> <p><b><u>Morning</u></b></p> <p>Jan A/L / Michelle 9-4 / Nicola 10-4</p> <p><b>10:45am</b> Music &amp; Movement with Shane</p> <p><b>10:45am</b> Companion Care with Michelle (Quantock unit)</p> <p><b>10:30am</b> Shop Trolley &amp; Chat with Mary, all units &amp; rooms</p> <p><b>12pm</b> Drinks in Main Lounge</p>	<p><b><u>Monday 7<sup>th</sup> July</u></b></p> <p><b><u>Afternoon</u></b></p> <p><b>2pm</b> Communion with St Peter &amp; St Paul's Church, with Sue, Pat &amp; Michelle (Activity Room)</p> <p><b>2pm</b> Wheelchair walks around the garden with Nicola</p>
<p><b><u>Tuesday 8<sup>th</sup> July</u></b></p> <p><b><u>Morning</u></b></p> <p>Jan A/L / Michelle 9-4 / Nicola 10-4</p> <p><b>Activity Room Closed</b></p> <p><b>10:45am</b> Curling for all (Quantock Dining Room)</p> <p><b>12pm</b> Drinks in Main Lounge</p>	<p><b><u>Tuesday 8<sup>th</sup> July</u></b></p> <p><b><u>Afternoon</u></b></p> <p><b>Activity Room Closed</b></p> <p><b>2pm</b> Gardening Group Glorious Garden preparations Tidying, planting, painting</p>
<p><b><u>Wednesday 9<sup>th</sup> July</u></b></p> <p><b><u>Morning</u></b></p> <p>Jan A/L / Michelle 9-4 / Nicola 10-4</p> <p><b>Activity Room Closed</b></p> <p><b>10am</b> Art/Painting Wooden Fish</p> <p><b>10:45am</b> <b>12pm</b> Drinks in Main Lounge</p>	<p><b><u>Wednesday 9<sup>th</sup> July</u></b></p> <p><b><u>Afternoon</u></b></p> <p><b>Activity Room Closed</b></p> <p><b>1:45pm</b> Café Outing Café to be confirmed!</p>
<p><b><u>Thursday 10<sup>th</sup> July</u></b></p> <p><b><u>Morning</u></b></p> <p>Jan A/L / Michelle Do / Nicola 10-4</p> <p><b>Activity Room Closed</b></p> <p><b>11am</b> Bingo for all Nicola, Wendy &amp; Ella (Quantock Sunroom)</p> <p><b>12pm</b> Drinks in Main Lounge</p>	<p><b><u>Thursday 10<sup>th</sup> July</u></b></p> <p><b><u>Afternoon</u></b></p> <p><b>Activity Room Closed</b></p> <p><b>2pm</b> Scrabble for all with Nicola (Main Lounge)</p>
<p><b><u>Friday 11<sup>th</sup> July</u></b></p> <p><b><u>Morning</u></b></p> <p>Jan A/L / Michelle 9-4 / Nicola 10-4</p> <p><b>Activity Room Closed</b></p> <p><b>10:30am</b> Forget me Not Chorus (Quantock Unit)</p> <p><b>11:45am</b> St Johns Church Concert with Packed Lunch</p>	<p><b><u>Friday 11<sup>th</sup> July</u></b></p> <p><b><u>Afternoon</u></b></p> <p><b>Activity Room Closed</b></p> <p><b>2:30pm</b> Manicure &amp; Chat with Michelle (Main Lounge)</p> <p><b>2:30pm</b> Reading Group with Nicola (Quantock Sunroom)</p>

**Saturday 12<sup>th</sup> July**

**Morning**

Jan Do /Michelle 9-4/ Nicola Do

**Activity Room Closed**

**10:45am** Manicure & Chat  
with Michelle

(Quantock unit)

**12pm** Drinks in Main Lounge

**Saturday 12<sup>th</sup> July**

**Afternoon**

**Activity Room Closed**

**2pm** Watercolours with Michelle  
(Main Lounge)

**2pm** Wimbledon Women's Final  
(Quantock & Main Lounge)

**Sunday 13<sup>th</sup> July**

**Morning**

**Activity Room Closed**

Jan Do / Michelle 9-4 /Nicola Do

**10:45am** Michelle

(Quantock unit)

**12pm** Drinks in Main Lounge

**Sunday 13<sup>th</sup> July**

**Afternoon**

**Activity Room Closed**

**2pm** Scrabble with Michelle  
(Main Lounge)

**2pm** Wimbledon Men's Final  
(Quantock & Main Lounge)



All Activities are subject to change on the day