

# ACTIVITIES FOR THE COMING (WEEK ONE)

## Monday 10<sup>th</sup> March



Jan 9-4 Michelle 9-4  
 10:30am Michelle Quiz planning  
 10:45am Shop trolley with Mary  
 10:45am Music & Movement with Shane & Jan (Activity room)  
12pm Drinks in Main Lounge  
 12:45pm Jan & Michelle Activities Meeting with Paula  
 2pm Rummy with Ruth (Main Lounge)  
 2pm Gardening Group  
 Tidy up & plan for spring planting  
 Jan, Michelle & Sue

## Tuesday 11<sup>th</sup> March



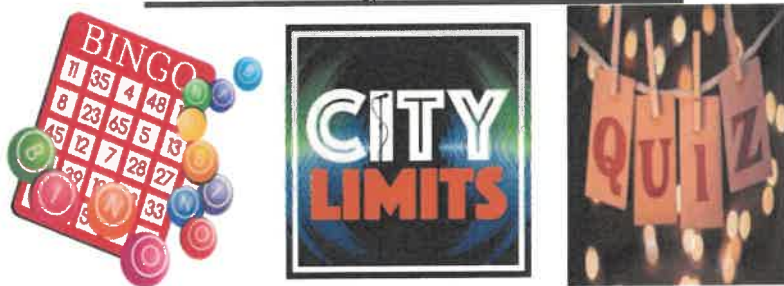
Jan 9-4 Michelle D/O  
 10:45am Free Hand Water Colouring with Jan (Flower's Theme) (Activity room)  
12pm Drinks in Main Lounge  
 13:45pm Activity room closed  
 'Staff Only' Meeting  
 3pm One to One's on Quantock (Jan)

## Wednesday 12<sup>th</sup> March



Jan 9-4 Michelle 9-4  
 10am Café outing  
 Oake Manor golf course  
12pm Drinks in Main Lounge  
 2pm Pop up café for all  
 Cuppa & Chat  
Friends & Family Welcome  
 (Activity room)  
 2:45pm Jan escorting a resident to an app

## Thursday 13<sup>th</sup> March



Jan 9-4 Michelle 2-8  
 11am Bingo with Jan & Ella (Duke of Edinburgh award volunteer) (Quantock unit)  
12pm Drinks in Main Lounge  
 2pm Entertainers 'City Limits' (Activity Room)  
 6:30pm Quiz with Michelle (Main Lounge)

## Friday 14<sup>th</sup> March

### Residents Meeting



Jan 9-4 Michelle 9-4  
 10:45am Residents Meeting for All!! (Activity Room)  
12pm Drinks in Main Lounge  
 2pm Manicures with Michelle (Main Lounge)

**Saturday 15th March**

**No**

**ACTIVITIES**

**Staff**

Scrabble, games colouring sheets

**12pm Drinks in Main Lounge**

Scrabble, games colouring sheets

**Sunday 16th March**

**No**

**ACTIVITIES**

**Staff**

Scrabble, games colouring sheets

**12pm Drinks in Main Lounge**

Scrabble, games colouring sheets



Cheltenham Festival 2025 is the pinnacle event of the jump-racing calendar. Guaranteed excellence, whether you join on Champion Day on Tuesday, Style Wednesday, St Patrick's Day on Thursday or Gold Cup Day on Friday. Each day offers a unique twist on four days of extraordinary.