

ACTIVITIES FOR THE COMING WEEK

Monday 11th August

Morning

Jan 9-4 /Michelle D/O /Nicola 10-4

10:30am Shop Trolley & chat with Mary

10:45am Exercise with Shane & Jan
(Activity Room)

10:45am One to Ones Photos with Nicola

12pm Drinks in Main Lounge

Monday 11th August

Afternoon

2pm Painting our clay tags & Bee
water feeders

(Quantock Sunroom)

Tuesday 12th August

Morning

Jan 9-4 / Michelle Training Nicola Training

Activity Room Closed

10:45am Scrabble Quantock Sunroom

12pm Drinks in Main Lounge

Tuesday 12th August

Afternoon

Activity Room Closed

2pm Design my own Teapot
(Main Lounge)

Wednesday 13th August

Morning

Jan 9-4/ Michelle 9-4 /Nicola 10-4

10:45am Hand Massage with Nicola
(Quantock Unit)

10:45am Pop up Café for all Units
Tea, Coffee & Biscuits

All friends & Family welcome
(Activity Room)

Wednesday 13th August

Afternoon

1:45pm The Lawns Tea Dance
British Legion

Thursday 14th August

Morning

Jan 9-4 /Michelle 2-8 /Nicola 10-4

10:45am Bingo for All
(Quantock Sunroom)

12pm Drinks in Main Lounge

Thursday 14th August

Afternoon

2pm Helen Tranquil Moments
Poems, Quotes, Quiz & sing-along
(Activity room)

6:30pm Quiz Evening (Main Lounge)

Friday 15th August

Morning

Jan 9-1 Michelle 9-4 Nicola 10-4

10:45am Tea Tasting Morning to
celebrate International Tea Tasting week
(Activity Room)

Friday 15th August

Afternoon

2pm Reading Group
'Alice in Wonderland' & Movie
(Quantock unit)

2pm Manicure with Michelle
(Main Lounge)

Saturday 16th August
Morning

10:45am Decoupage craft with
Kaitlyn
(Decorating objects
with paper cut outs)
(Quantock Sunroom)
12pm Drinks in Main Lounge

Saturday 16th August
Afternoon

No

ACTIVITIES

Staff

Sunday 17th August
Morning

No

ACTIVITIES

Staff

12pm Drinks in Main Lounge

Sunday 17th August
Afternoon

No

ACTIVITIES

Staff

All Activities are subject to change!!

Afternoon Tea Week in 2025 will be celebrated from August 11th to August 17th, [according to Awareness Days](#) and [Afternoon Tea.co.uk](#). This annual event is a celebration of the British tradition of afternoon tea,

