

ACTIVITIES FOR THE COMING (WEEK ONE)

Monday 16th June

Morning

Jan 9-4 /Michelle D/O /Nicola 10-4

10:15am Shop Trolley & Chat with Nicola
(All units) & Rooms

10:45am Music & Movement
with Shane & Jan (Activity room)

12pm Drinks in Main Lounge

Monday 16th June

Afternoon

2pm Rummy with Ruth
(Main Lounge)

2pm Craft with Jan (Activity Room)

2pm Hand massage with Nicola
(Quantock unit)

Tuesday 17th June

Morning

Jan 9-4 /Michelle D/O Nicola /10-4

10:45am Poetry Group with Jan
Cheese Theme!! Bring along a poem
(Quantock Sunroom)

10:45am Companion care with Nicola

12pm Drinks in Main Lounge

Tuesday 17th June

Afternoon

2pm Gardening group!!
Planting & Painting
with Jan, Nicola & Sue
(Activity Garden Patch)

Wednesday 18th June

Morning

Jan 9-4/Michelle 10-4 /Nicola 10-4

10am Café Outing Rumwell

12pm Drinks in Main Lounge

Wednesday 18th June

Afternoon

2pm Kaitlyn (New activities member shadowing)

2pm Wheelchair Walk!!
Weather dependent

Thursday 19th June

Morning

Jan 9-4 /Michelle 2-8 /Nicola 10-4

10am Kaitlyn (New activities member shadowing)

11am Bingo for All
(Quantock Sunroom)

12pm Drinks in Main Lounge

Thursday 19th June

Afternoon

2pm Helen Tranquil Moments
with Jan (Activity room)

2pm Scrabble with Nicola
(Quantock unit)

6:30pm Quiz evening with Michelle

Friday 20th June

Morning

Jan 9-1 Michelle 10-4 Nicola 10-4

Jan Office

10:45am Sing-along with Michelle
(Quantock Unit)

10:45am One to One Photo Reminiscing
with Nicola

Friday 20th June

Afternoon

2pm Manicures with Michelle
(Main Lounge & Rooms)

2pm Reading Group with Nicola
Aesop Fable's
(Quantock Sunroom)

Saturday 21st June
Morning

No

ACTIVITIES

Staff

12pm Drinks in Main Lounge

Saturday 21st June
Afternoon

No

ACTIVITIES

Staff

Sunday 22nd June
Morning

No

ACTIVITIES

Staff

12pm Drinks in Main Lounge

Sunday 22nd June
Afternoon

No

ACTIVITIES

Staff

