

ACTIVITIES FOR THE COMING WEEK

Monday 22nd April

Heron

Happy

Harmonies

Singing Group
Taster Session



10:30am 'Heron Happy Harmonies'
Singing Group Taster with Shane
(Activity Room)

🛒 10:30am Shop Trolley (Michelle) 🛒
Drinks in Main Lounge

PM Jan & Michelle Shopping for Sparkle
Evening
2pm Rummy (No Ruth)
(Main Lounge)

Tuesday 23rd April



Michelle Day Off

10am Drive-Out with Drive-Thru
Drinks
(Liz & Jan)

Drinks in Main Lounge
2pm Napkin Folding with 'Mary'
(Activity Room)
(Jan, Liz & Sue)

Wednesday 24th April



09:30-11am Garden Club (Michelle &
Jan)

10:30am Arts & Crafts (Liz)
(Activity Room)

Drinks in Main Lounge
1:45pm Quantock Restaurant for Tea &
Cakes
(Jan, Liz & Michelle)
7 Residents Only

Thursday 25th April

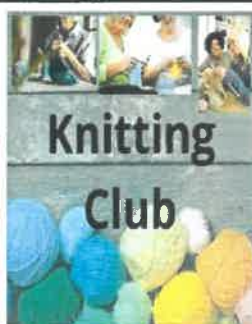


10:45am 'Forget-Me-Not Chorus' Live
Zoom Session on **Quantock** (Jan & Liz)

Drinks in Main Lounge
Decorating for Sparkle Evening
(Liz, Michelle & Jan)
(Activity Room)

2pm Scrabble Main Lounge
6pm Sparkle Evening

Friday 26th April



10:45am Manicures by Appointment
(Michelle)

11am Knitting Club (Craft Room)
Liz
Drinks in Main Lounge

2pm Music for Wellbeing on
Quantock (Liz)

Saturday 27th April



9am -12pm

Claire on **Quantock**

Drinks in Main Lounge

AM & PM

Scrabble & Games in
Main Lounge (No Staff)

Sunday 28th April



9am -12pm

Claire on **Quantock**

Drinks in Main Lounge

AM & PM

Scrabble & Games in
Main Lounge (No Staff)

World Day for Safety & Health at Work

Every year, April 28th is World Day for Safety and Health at Work. This day is a global observance led by the United Nations and the International Labour Organization.

Its purpose is to promote safe and healthy working conditions and reduce work-related accidents and diseases. Since its inception in 2003, the day has served as a crucial reminder of the importance of occupational safety and health (OSH) systems worldwide.

